



RIDGEWOOD PUBLIC LIBRARY PRESENTS:

STRESS MANAGEMENT FOR YOUTH IN THE TIME OF COVID19

THURSDAY, MAY 28TH
AT 8PM VIA ZOOM.

JOIN US IN WELCOMING DR. KEVIN
GIANGRASSO IN A DISCUSSION ABOUT
MANAGING HOME-SCHOOLING AND
QUARANTINE STRESS FOR YOU AND
YOUR CHILD.

Dr. Kevin Giangrasso is a licensed psychologist who specializes child and adolescent psychology and the treatment of anxiety and stress. Dr. Giangrasso has extensive experience working with youth as a clinician, educator and parent consultant. He practices in Midland Park, NJ.

