

RIDGEWOOD PUBLIC LIBRARY PRESENTS:

MANAGING HIGH SCHOOL-RELATED STRESS

WITH DR. KEVIN GIANGRASSO

MONDAY,
OCTOBER 19
7PM ON ZOOM

JOIN US IN A DISCUSSION ABOUT
MANAGING HIGH SCHOOL-
RELATED STRESS AMID
THE COVID-19 PANDEMIC.

REGISTER ONLINE AT WWW.RIDGEWOODLIBRARY.ORG

Dr. Kevin Giangrasso is a licensed psychologist who specializes child and adolescent psychology and the treatment of anxiety and stress. Dr. Giangrasso has extensive experience working with youth as a clinician, educator and parent consultant. He practices in Midland Park, NJ.



ADDITIONAL DATE:
ELEMENTARY SCHOOL FOCUS: NOV 9, 7PM ON ZOOM



Ridgewood Public Library
125 N. Maple Ave
Ridgewood, NJ 07450

(201) 670- 5600 Ext. 110
www.ridgewoodlibrary.org

